



**LAKEs**  
**SECURITY FORUM**  
STRONGER TOGETHER

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Lara Louw**

Has successfully participated & completed the

**5km Trail Run Hazeldean Lakes Race**

held at Cowhouse Market.

**TIME 00:34:17**

**PACE 10.50km/h**

**OVERALL 17 of 97**

**GENDER 10 of 65**

**ELITE 2 of 10**

21 March 2024, Thu

Date



*BoutTime*

Signature

